



REGO OPTIONS FOR 4 TO 7 YEAR OLDS

Recognising that every kid is different and that different parents are looking for different things from sport for their kids we have developed a range of options for younger players starting out playing soccer.

Developing your child as a sportsperson will take many years. It is very similar to the progression experienced through subjects at school where students continue to grow in knowledge until they are 18 and then throughout adulthood. It is important that we don't place too much expectation on young children to be superstars. Like anything in life some players will stand out while others take longer to develop.

INTER CLUB SOCCER

Players participate in matches every Saturday against team from other clubs.

These matches are intended to be non-competitive although parents can sometimes get a little excited.

Players will play around half of their matches at Lakewood while the other half can be anywhere across the shire

This option will suit those players whose parents feel they are ready to be extended for this.

Some of these players may have already played for a season or have participated in other introductory programs.

INTRA CLUB SOCCER

Players participate in a structured development session every Saturday. This will build on the regular Monday training.

This provides an opportunity for players to develop confidence before being asked to participate in matches.

These sessions will be conducted at Lakewood at the same time every Saturday

This option is ideal for players who are very inexperienced and perhaps lacking in confidence. This may be their first exposure to sport.

A COMBINATION OF INTER & INTRA CLUB SOCCER

Players participate in some matches while having a strong focus on their development.

Having a larger number of registrations within different teams would enable players to experience a combination of the 2 programs outlined.

It is likely the pool of players would be called upon during school holidays and other times when teams are short

This option provides an opportunity for players to begin some match play as their confidence grows.

TRAINING

All players will train every Monday at Lakewood City Reserve, Bonnet Bay in their age group

Training follows a curriculum designed to help players steadily improve their technical skills

We aim to offer an environment where kids can develop a growth mindset which enables them to develop at their own pace to be the best they can be.

Note re: Time for Under 6s & Under 7s

Inter Club Option - 4 on the field at any one time for 30 minute match meaning stronger players tend to dominate touches of the ball

Intra Club Option - All players fully engaged for 1 hour session meaning far more touches of the ball